

Schedule of Ongoing Yoga Classes

Please NOTE session dates may be different for each class.

Each noted under the class.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	Experienced* w/Annette 10:15-12:00 _____ Session Dates May 14 - Jun 25 (No class 5/28)	Beginner/ Continuing w/Nirooshi 10:00-11:30am _____ Session Dates May 1 - Jun 26	Beginner/ Continuing w/Nirooshi 9:30-11:00am _____ Session Dates May 2 - Jun 27	Introduction w/Annette 9:30-11:15am _____ Session Dates May 10 - May 31	
Beginner/ Continuing w/Nirooshi 5:30-7:00pm _____ Session Dates May 6 - Jun 24 (No class 5/27)	Experienced* w/Annette 7:30-9:15pm _____ Session Dates May 7	Beginner/ Continuing w/Nirooshi 6:00-7:30pm _____ Session Dates May 1 - Jun 26		Beginner/ Continuing w/Annette 9:30-11:15am _____ Session Dates Jun 7 - Jun 28	Experienced* w/Nirooshi 12:00-1:45pm _____ Session Dates May 4 - Jun 29 (No class 5/25)
	Experienced* w/Annette 7:00-8:45pm _____ Session Dates May 14 - Jun 25 (No class 5/28)			Experienced* w/Annette 5:45-7:30pm _____ Session Dates May 10 - Jun 28	

†Meditation

*Requires permission of instructor to attend this class.

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